

Purpose Statement

SEG Awards Level 3 Diploma in Adult Care – 610/6757/X

Overview

The content of the SEG Awards Level 3 Diploma in Adult Care has been specified by Skills for Care, in consultation with employers, learning providers and those who use services.

The qualification has core shared knowledge and skills that support the vision of employers providing integrated services and the portability of skills and knowledge across the health and adult care workforce.

The qualification is a unitised qualification on a scale of pass or fail. Learners are expected to demonstrate a comprehensive understanding of the subject matter, ensuring a level of proficiency. This qualification will enable learners to acquire knowledge and practical skills in health and social care required for employment in the sector.

The primary purpose of the qualification is to confirm occupational competence. The SEG Awards Level 3 Diploma in Adult Care can be studied as a standalone qualification, but it also meets the mandatory component requirements of the Lead Adult Care Worker Apprenticeship Assessment.

Who is this qualification for?

This qualification is designed for learners who work in adult social care and have responsibility for providing person-centred, values-driven care and support for those accessing the service. They will work under the direction of their manager or supervisor but will have a degree of autonomy. Learners would be expected to have completed employer specific induction and mandatory training. As well as demonstrating best practice, they will be working towards promoting and modelling it.

Learners may or may not have supervisory responsibility for others.

The entry requirements for this qualification are that learners **must** be at least **16 years** of age. It is aimed at all those who are already working in Adult in England.

Skills and Education Group Awards expects approved centres to recruit with integrity on the basis of a learner's ability to contribute to and successfully complete all the requirements of a unit(s) or the full qualification.

This qualification is appropriate for use in the following age ranges:

- > 16
- > 18+
- > 19+

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What does the qualification cover?

The qualification covers the following **Mandatory** units:

Ways of Working in Adult Care Settings
Safeguarding in Adult Care Settings
Understand Mental Capacity and Restrictive Practices in Adult Care Settings
Understand Duty of Care in Adult Care Settings
Understand Effective Communication in Adult Care Settings
Handling Information in Adult Care Settings
Person-Centred Practice in Adult Care Settings
Promoting Choice and Independence in Adult Care Settings
Understand and Promote Personal Health and Well-being in Adult Care Settings
Promoting Equality, Diversity, Inclusion, and Human Rights in Adult Care Settings
General Health and Safety Policies and Procedures in Adult Care Settings
Principles of Infection Prevention and Control in Adult Care Settings

Health and Safety in Adult Care Settings (Topics)
Continuous Development in Adult Care Settings
Personal Well-being in Adult Care Settings

and the following **Optional** units:

Understand the Context of Supporting Individuals with Learning Disabilities
Understand Autism Spectrum Disorder
*Carry out Comprehensive Substance Misuse Assessment
Support Individuals who are Substance Users
Identify and Act upon Immediate Risk of Danger to Substance Misusers
Increase Awareness about Drugs, Alcohol or other Substances with Individuals and Groups
*Carry out Initial Assessments to Identify and Prioritise the needs of Substance Misusers
IT Security for Users
Specialist Software
Digital Health and Care Technologies
Understand the Administration of Medication to Individuals living with Dementia using a Person-Centred Approach
Understand the Process and Experience of Dementia
End of Life and Dementia Care
*Understand the role of Communication and Interactions with Individuals living with Dementia
*Understand and Enable Interaction and Communication with Individuals who have Dementia

Understand how to Provide Support when Working in End of Life Care
Introduction to Personalisation in Social Care
Promote Active Support
Support Individuals to Maintain Personal Hygiene
*Support use of Medication in Adult Care Settings
Diabetes Awareness
*Administer Medication to Individuals and Monitor the Effects
Contribute to Effective Team Working in Health and Social Care or Children and Young People's Settings
Manage Team Performance
Understand Professional Supervision Practice
Principles of Leadership and Management
Manage Conflict within a Team
Understand Sensory Loss
Support Individuals with Specific Communication Needs
Provide support to maintain and develop skills for everyday life
Support Individuals to Live at Home
Move and Position Individuals in Accordance with their Care Plan
*Understand how to Support Autistic People
*Support Individuals with Autistic Spectrum Conditions
Support Person-Centred Thinking and Planning
Understand Stroke Care Management

Stroke Awareness
Understand the Impact of Acquired Brain Injury on Individuals
Understand Physical Disability
Trauma Informed Care Note: Completion of this unit does NOT qualify the learner as a Trauma Informed Practitioner
Neurodiversity in Adult Care
Understand Mental Well-Being and Mental Health Promotion
Support individuals with multiple conditions and/or disabilities
Understand Mental Health Problems
Understand the Context of Supporting Individuals with Learning Disabilities

Barred Units

***Denotes barred units**

NOTE: Learners may select **any** units, but please note the **barred combinations below**.

This unit	Is barred against this unit
Carry out Initial Assessments to Identify and Prioritise the Needs of Substance Misusers	Carry out Comprehensive Substance Misuse Assessment

This unit	Is barred against this unit
Administer Medication to Individuals and Monitor the Effects	Support use of Medication in Adult Care Settings

This unit	Is barred against this unit
Understand the role of Communication and Interactions with Individuals living with Dementia	Understand and Enable Interaction and Communication with Individuals living with Dementia

This unit	Is barred against this unit
Understand how to support Autistic People	Support Individuals with Autistic Spectrum Conditions

Assessment

This qualification is assessed through internal assessment, internal and external moderation. Each unit is accompanied by specific assessment criteria that define the requirements for achievement. Specific requirements and restrictions may apply to individual units within qualifications. Please check unit and qualification details for specific information.

This qualification **must** be assessed in line with Skills for Care and Development Assessment Principles November 2025, V1.1 (see below).

Access the full Shared Assessment Principles [here](#)

Centres **must** take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.

What could this qualification lead to?

Achievement of this qualification confirms the learner has gained the knowledge and skills required to progress onto the SEG Awards Level 4 Diploma in Adult Care (England) or the Level 4 Lead Practitioner in Adult Care apprenticeship.

Centres should be aware that Reasonable Adjustments, which may be permitted for assessment, may in some instances limit a learner's progression into the sector. Centres **must**, therefore, inform learners of any limits their learning difficulty may impose on future progression.

Who supports this qualification?

This qualification is recognised by [Skills for Care](#)

Further Information

Further information on the qualification can be found on the [Skills and Education Group Awards website](#).